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# Fitness wonder.

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PERSONAL  
TRAINER

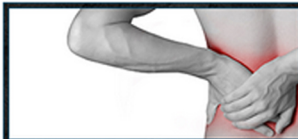
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PERSONAL TRAINING >>>



DIABETES COACHING >>>



PHYSICAL THERAPY >>>



## What my clients say...

*“ I've dropped over 3 stone, I feel fitter and more energetic than at any point in my life and I've managed to make exercise and good diet into a fun and worthwhile part of my weekly routine. Oksana has helped me to change so much of my life for the positive.*

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